

WRITING RETREAT!

Is writing one of the most challenging aspects of the PhD?

Would you like to set objectives and write with peers?

COME AND JOIN US!

MITRA will be organizing bi-monthly Online Writing Retreats throughout the academic year.

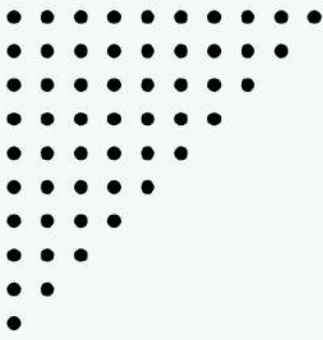
You do not need to be part of MITRA to participate, but if you work on transnationalism we do recommend you have a look into our website here and become a member. The only mechanisms of joining are that you decide on what you are going to work on (try to stick to it!), draft a rough structure of the writing, come and join us to write!

To encourage everyone to make the most of the session, we recommend you stay away from the internet, turn off all notifications during the writing blocks and just write, write, and write!

If you are interested in joining us, please send an email to B.luna@soton.ac.uk and nr320@kent.ac.uk. We will be holding writing retreats throughout the year, and we will inform you at least a week in advance or more about what date it will be held as well as, information on how to join.

OBJECTIVES OF THE WRITING RETREAT:

- Create a space to work on our academic writing
- Help one another by keeping each other accountable
- Remind you that you are not alone in what some may find as an overwhelming part of the PhD.



MITRA WRITING RETREAT

AGENDA

Date: TBC

TIME: 10.00 AM - 16.00 PM CEST

Time	Activity	Time
10.00-10.10	Welcome and Introduction	10 mins
10.10-11.40	• 1st Writing block	1 hr & 30 mins
11.40-11.50	• Short writing break	10 mins
11.50-12.50	• 2nd Writing block	1 hr
12.50-13.30	• Lunch break	40 mins
13.30-14.30	• 3rd Writing block	1 hr
14.30-14.40	• Short break and checking in	10 mins
14.40-15.40	• 4th Writing Block	1 hr
15.40-16.00	• Celebration!	20 mins

Please note that this structure is subject to change and some sessions may be full days and some half days, and the timings will be in CEST and GMT. Whatever the case may be, we will inform you in advance to ensure that we include as many of you as possible.

Any questions please contact: Naiara (nr320@kent.ac.uk) or Bianca (b.luna@soton.ac.uk).